

Cushing's Symptoms Checklist

Below is a checklist of the symptoms that may be associated with Cushing's. Only a doctor can make a Cushing's diagnosis, consider using this list when talking with your doctor. It's important to get the necessary tests from your medical provider in order to get a proper diagnosis.

Not everyone who has Cushing's will experience the same symptoms. Also, not everyone who experiences these symptoms has Cushing's; these symptoms could also be caused by a different disease.

A rating of 1 means there is little impact on quality of life; a rating of 5 means there is a large impact on quality of life.

Symptom	Date symptom was first noticed	Impact on Quality of Life (1-5)
<input type="checkbox"/> Anxiety	/ /	
<input type="checkbox"/> Balding	/ /	
<input type="checkbox"/> Belly fat	/ /	
<input type="checkbox"/> Depression	/ /	
<input type="checkbox"/> Diabetes	/ /	
<input type="checkbox"/> Difficulty concentrating or remembering	/ /	
<input type="checkbox"/> Disoriented	/ /	
<input type="checkbox"/> Dizziness/imbalance	/ /	
<input type="checkbox"/> Easy bruising	/ /	
<input type="checkbox"/> Excessive body hair	/ /	
<input type="checkbox"/> Extreme tiredness	/ /	
<input type="checkbox"/> Eye swelling	/ /	
<input type="checkbox"/> Fluid retention	/ /	

Symptom	Date symptom was first noticed	Impact on Quality of Life (1-5)
<input type="checkbox"/> Flushed face (plethora)	/ /	
<input type="checkbox"/> Frequent infections	/ /	
<input type="checkbox"/> High blood pressure (hypertension)	/ /	
<input type="checkbox"/> Highly irritable	/ /	
<input type="checkbox"/> Increased fat above collar bone (superclavicular)	/ /	
<input type="checkbox"/> Increase in body weight	/ /	
<input type="checkbox"/> Irregular heart beat	/ /	
<input type="checkbox"/> Irregular menstrual periods (for women)	/ /	
<input type="checkbox"/> Kidney stones	/ /	
<input type="checkbox"/> Loss of muscle strength	/ /	
<input type="checkbox"/> Low sex drive	/ /	
<input type="checkbox"/> Lump on back of neck (buffalo hump)	/ /	
<input type="checkbox"/> Muscle pain and stiffness	/ /	
<input type="checkbox"/> Round or swollen face (moon face)	/ /	
<input type="checkbox"/> Stretch marks (striae)	/ /	
<input type="checkbox"/> Sudden change in moods	/ /	
<input type="checkbox"/> Trouble sleeping	/ /	

